

Buddhist Throat Singing

- ❖ <http://www.youtube.com/watch?v=ZCkK1AqslAI>
- ❖ Singing two notes at the same time
- ❖ <http://www.youtube.com/watch?v=7zZainT9v6Q>

Buddhism Quick Facts

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Who is the significant person?

- ❖ Siddhartha Gautama
- ❖ Left palace in Lumbini at age 29
- ❖ Became enlightened at age 35
- ❖ Died age 80

When was Buddhism formed?

- ❖ ca 500 BCE
- ❖ about 2500 years ago
- ❖ Born out of the Vedic Age 1500-500 BCE

Where was Buddhism formed and where is it practiced today?

- ❖ born: northern India - modern day Nepal
- ❖ today: China and SE Asia
 - ❖ Thailand, Laos, Cambodia, Burma...

What is Buddhism?

- ❖ More than a religion
- ❖ A philosophy of life
 - ❖ as Hinduism is

Interesting Notes

- ❖ Buddhism is generally tolerant of other religions (as is Hinduism)
- ❖ Buddha is not worshipped as a god, nor did he claim to be one

Interesting Notes

- ❖ Buddhists don't participate in idolatry
 - ❖ though praying through/recognizing statues or artwork is common

Interesting Notes

- ❖ Many Buddhist countries are poor and undeveloped compared to the USA
- ❖ may be because Buddhism focuses on impermanence

Interesting Facts

- ❖ There are many sects of Buddhism
- ❖ Theravada and Mahayana were first divisions

Theravada

- ❖ Southern Regions
 - ❖ Sri Lanka, Thailand, Burma, Laos, Cambodia, parts of Southeast Asia

Mahayana

- ❖ Northern Regions
 - ❖ Tibet, China, Taiwan, Japan, Korea, Mongolia, parts of Southeast Asia